

Dora Kennedy French Immersion School February 2018 e.Journal

A Note from monsieur Awono and madame Auguste,

Please join us in congratulating our amazing singers and musicians who performed beautifully at both of our winter concerts.

We also wish to congratulate all of the S.T.E.M. Fair participants whose projects reflected their hard work.

This month, our fifth grade students will participate in The William S. Schmidt Environmental Center (Camp Schmidt) overnight visit.

This meaningful outdoor experience will enhance, as well as, give them a greater awareness of the environment and their responsibility as citizens in making informed decisions to make the environment better. We are wishing them a clement weather and a "Bon voyage".



2018 Virtual & Electronic STEM Fair Results DKFI STEM Department - Peter Mills

Our 2018 Virtual & Electronic STEM Fair was held on Tuesday, January 23, 2018. Our students performed extremely well by showing their ability in French, reading, writing, math, science, engineering, research, creativity, oral presentation, the use of technology, and many other skills.

A special thank you goes to the DKFIS Parent Community, the PTA, our judges from NASA, USDA, NOAA, UMD, UMBC, JHU, NSA, etc. We are very proud of DKFIS community for supporting this event, Mme. Jacob-Robinson for creating our Awards, and we tip our hats off to Mr. Held for tech support and our STEM Fair Assistants (Amber Bowen-Longino, Khalfani Hall & Keaton Lovely) for managing the Control Center of the Fair. We also thank our faculty and administration who assisted in various ways in making this program an exciting experience for our students. Each student will receive a participation certificate and the prize winners will be recognized during our next PTA meeting in February.

The following students are this year's 1st, 2nd, 3rd place winners, special category winners, and selected candidates for the 2018 PGCPs Regional STEM Fair.

Troisième Année:

Ojha, Taraksh	1er Prix
Turner, Christian	2e Prix
Djeutcha, Noah	3e Prix
Ajani, Madinah	3e Prix
Garei, Lien	Mention Honorable : Sciences Physiques
Mbayu, FreddyBelle	Mention Honorable : Chimie
Patchou, Julie	Mention Honorable : Géologie
Thompson, Dillon	Prix du projet le plus complexe*



Sixième Année

Veigas, Nora	1er Prix (Candidates - "2018 PGCPs Reg. STEM Fair")
Nair, Savita	1er Prix (Candidates - "2018 PGCPs Reg. STEM Fair")
Bates, Talia	2e Prix
Hernandez, Lorena	2e Prix
Grandisson, Amélie	2e Prix
Bowen-Longino, Taylor	3e Prix
Bashkatov, Daniel	3e Prix
Butterfield, Torene	Mention Honorable: Science Alimentaire et Nutrition

Quatrième Année:

Dwivedi, Karthik	1er Prix & Prix d'excellence : Précision (Candidat - "2018 Kids for STEM Fair")
Enwesi, Rena	2e prix
King, Morgan	3e prix
Beaubrun, Jaylen	Prix d'application : Science de la Vie*
Hyoussse, Johanna	Prix d'application : Science de la Vie*
Thomas, Brennan	Prix de la Créativité & de l'Enthousiasme*

Cinquième Année

Jenkins-Culver, Johara	1er Prix & Prix d'excellence: Physique (Candidate - "2018 Kids for STEM Fair")
Davis, Sofina	2e Prix (Candidate - "2018 Kids for STEM Fair")
Batton, Ian	2e Prix & Prix d'excellence: Technologie et Informatique
Blaufuss, David	Prix d'excellence: Science de la Vie
Dieng, Ndeye	Prix de l'Enthousiasme*
Dynan, Henry	Prix de la Créativité & Présentation*

Septième Année:

Baylor, KesUranNu	1er Prix & Prix d'excellence : Collaboration, Motivation & Présentation (Candidates - "2018 PGCPs Reg. STEM Fair")
Harden, Matthew	1er Prix & Prix d'excellence : Collaboration, Motivation & Présentation (Candidates - "2018 PGCPs Reg. STEM Fair")
Tuthill, Jackson	2e Prix (Candidat - "2018 PGCPs Reg. STEM Fair")
Kambo, Stephanie	3e Prix
Jenkins-Culver, Amala	3e Prix
Palanga, Amaris	Prix Originalité*
Kasim-Carew, Donya	Mention Honorable : Sciences Physiques
McNabb, Beatrice & Whiteman, Christina	Mention Honorable: Alimentation & Nutrition

*A prize created by the judges.

CONGRATULATIONS TO OUR 2018 WINNERS!

2018 - 2019 ONLINE APPLICATION

Student Specialty Programs Lottery Application

Application Submission Deadline: 3/12/2018 at 5pm

(SUBMIT ONE APPLICATION FOR ALL SIBLINGS)

You must provide a student identification number to submit an application

For **students CURRENTLY attending Prince George's County Public Schools:**

Locate the student identification number on your child's report card, or go to your child's current school and obtain the student identification number from the Registrar.

For **students NEW to the school system:** Parents and/or legal guardians may obtain a student identification number by going to their neighborhood school with the following documents: proof of residence, original birth certificate, and government issued photo identification.

Inform the Registrar that you need a student identification number to complete the Specialty Programs Lottery application.

For **FORMER students** who are no longer attending: Parent or Legal Guardian should contact their neighborhood school to obtain the student identification number and ensure the school has the proper (current) address and contact information.

Specialty Programs Lottery assignments are final and based on residence and space availability.

All choices carry equal weight - **once a placement is accepted, the other choices become void** and are removed from all waitlists. Contact individual school for details regarding uniforms, transportation or other school specific questions.

**The application does not work with Internet Explorer.
Please use a different web browser such as Firefox or Chrome.**

**To apply for Sibling Preference, you must complete a lottery application.
Only electronic applications will be accepted.**

Sibling preference is made on a space available basis and only under certain conditions.

Sibling Preference Application Process

For students who gained entry to a Specialty Program through the lottery, Prince George's County Public Schools provides special consideration for the entry of a sibling into the same program at the entry level. All applications are submitted by program and the school assignment is dependent on the residential address. Acceptance into any specialty program removes options for future sibling placement preference. This consideration is made on a space available basis and only under certain conditions.

A family has a child admitted by lottery currently participating in a Specialty Program. (Special permission transfer students are not eligible.)

A sibling is a brother or sister by blood, marriage, or adoption living in the same household. (Friends, cousins or two separate families living under the same roof do not qualify as siblings.)

The older sibling will continue attending the same Specialty Program for the 2017–2018 school year. (A current Specialty Program student who is in grade 8 this school year (school year 2016–2017) cannot bring in a sibling at the entry level.

If parents have children other than entry level that they wish to participate in a Specialty Program, they must apply through the regular lottery application process.

The sibling applicant must be at the entry level for the program and meets the applicable age.

Siblings who are currently participating in a Specialty Program are not eligible for sibling placement.

Prospective Sibling – A sibling is currently attending at this school;

Prospective Family – No sibling is currently attending at this program or school but an application to this program or school was submitted for two or more family members.

Lottery – No sibling is currently attending at this program or school and no application to this program or school has been submitted for another family member.

The designation is prospective based on the information available at the time the application was submitted. If you do not believe it to be correct, please verify that the information in SchoolMax is correct by contacting your neighborhood school and revising/resubmitting your application.

Apply Now: <http://lottery.pgcps.org/>

The Department of Pupil Accounting & School Boundaries

14201 School Lane, Rm 211

Upper Marlboro, MD 20772

(301)952- 6300

Just a handful of ways pets can improve your health

Source: WebMD

A pet's love does more than any therapist can. ... And they're much better listeners too.



Stay Well With Your Animals

No doubt about it: Animals can make people feel good. And your favorite ones can also help you stay well. You may be surprised at just how many ways a pet can improve your health.

Mood Boost

It only takes a few minutes with a dog or cat or watching fish swim to feel calmer and less stressed. Your body actually goes through physical changes in that time that make a difference in your mood. The level of cortisol, a stress hormone, lowers. And serotonin, a feel-good chemical your body makes, rises.

Ease Depression

No one loves you more unconditionally than your pet. Your pet will listen to you talk for as long as you want to talk. You'll probably feel calmer when you pet a cat or dog. And when you take care of an animal walk with it, groom it, play with it takes you out of yourself and helps you feel better .

Boost Your Fitness

If you have a dog, you're probably more active than someone who doesn't have one. A daily 30-minute walk with your pooch helps keep you moving. Two 15-minute walks, one in the morning and one in the evening, do the same thing.

Fewer Allergies, Stronger Immunity

When children grow up in a home with a dog or cat they are less likely to develop allergies. The same is true for kids who live on a farm with large animals. Higher levels of certain immune system chemicals show a stronger immune system, which will help keep them healthy as they get older.

Cats and Asthma Prevention

It doesn't seem to make sense. Pet allergies are one of the most common triggers of asthma. But researchers have studied the effects of having cats in the homes of babies at risk for asthma. They found that those children were less likely to develop asthma as they got older. There's one exception. Children whose mothers have a cat allergy are three times more likely to develop asthma after being around cats at an early age.

Snack Alarm

For people with diabetes, a sudden drop in the level of blood glucose can be very serious. Some dogs can alert their owner before it actually happens. They may sense chemical changes in the body that give off a scent. The alarm gives the owner time to eat a snack to avoid the emergency.

Overcoming the Limitations of ADHD

When a child with ADHD works with and keeps a pet, there can be benefits. It gives them practice with chores, planning, and responsibility. Pets need to play, and that helps kids burn off extra energy. In turn, that can mean an easier time falling asleep at night. And because the bond between a pet and a child is unconditional love, pets help children with ADHD learn about self-esteem.

Autism: Addressing the Senses

Sensory issues are common among children with Autism Sensory Disorder. Sensory integration activities help them get used to the way something feels against their skin, and to certain smells or sounds. Dogs and horses have both sometimes been used in these activities. The children usually find it calming to work with animals. And animals can hold their attention.



Revamping Comfort Food your kids will still love!

Source: WebMD

With a few changes, many recipes can lose some unhealthy fats, add fiber, and cut extra sugar that your family doesn't need without killing the taste.

Chicken Nuggets

Give your family lean protein with no fillers and less fat with this easy, baked version. Pulse a couple of slices of toasted whole wheat bread, a sprinkle of parmesan cheese, and your favorite spices in the food processor. Dip chicken breast tenders in a beaten egg, then breadcrumbs. Bake 10 to 15 minutes at 350 F until golden brown.

Mac and Cheese

Cut unhealthy saturated fat from this kid favorite by revamping your cheese sauce.

Use low-fat cheese and 1% milk. Concerned about creaminess? Replace half of your shredded cheese with pureed low-fat cottage cheese or butternut squash. Mix with whole-wheat pasta to make it healthier and more filling. If your kids aren't fans of whole grains, get them used to it by mixing it with regular pasta.

Chili

Trim the fat on this hearty dish by using lean ground beef or lean turkey. Skip the meat and use a few types of beans and lots of vegetables. Add tomatoes, sautéed squash, peppers, and onions adds fiber and nutrition. Cut sodium by rinsing beans and using other seasonings instead of salt. Top it off with low-fat cheese and low-fat Greek yogurt instead of sour cream.

Chicken Pot Pie

This comfort food can be a fat bomb if it's made with cream and a buttery crust. To slim it down, use low-fat milk and only half the butter for the sauce, white-meat chicken with no skin, lots of vegetables like peas, carrots, and green beans. Use only a top crust or skip crust altogether and top with mashed sweet potatoes instead.

Burritos and Tacos

Healthy eating on Mexican night is easy. Try to build burritos or tacos so they're at least half veggies. Use medium whole wheat or corn tortillas or 6-inch shells. Fill with 90% lean meat or fajita-style chicken. Add fat-free refried beans or black or pinto beans for fiber. Layer in veggies like peppers, tomatoes, corn, and shredded lettuce. Top with 1/4 cup or less of low-fat shredded cheese or a few slices of avocado.

Lasagna

A few tweaks to your recipe can make this hearty Italian dish even healthier: Use whole wheat noodles. Use part-skim ricotta and low-fat mozzarella cheeses. Add lots of vegetables, such as eggplant, zucchini, mushrooms, and thawed, drained frozen spinach. If you use meat, make sure it's at least 90% lean.



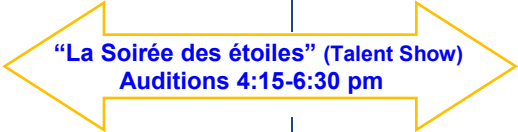
Meatloaf

If meatloaf is a family mainstay, change your ingredients a bit to lower the fat and boost fiber and vitamins. Use ground beef, turkey, or chicken that's at least 90% lean. Make your own breadcrumbs using stale whole wheat bread, or replace breadcrumbs with quick-cooking oats. Add chopped spinach, celery, onions, tomatoes, or grated carrots or zucchini to the mix.

Spaghetti


Start by experimenting with whole-grain and multigrain pastas. Add shredded carrots, zucchini, or chopped spinach to tomato sauce for more vitamins, minerals, and fiber. Bake golf ball-sized meatballs made with 90% lean ground beef and whole wheat breadcrumbs.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEBRUARY 2018				
5	6	7	8	9
		PTA MEETING @ 7:00 pm	2nd Quarter Report Cards	SNOW MAKE-UP DAY! SHOOL OPEN!
12	13	14	15	16
		 Happy Valentine's Day		
19	20	21	22	23
 <i>President's Day</i> School Closed	CLASS Pictures NOTE! Grade 5 classes' pictures will be at 9:20 am Before the students leave for Camp Schmidt Mr. Adjallah's class to Owens Sc. Ctr. 11:30 am-1:30 pm (Bus leaves at 11:00 am)	Grade 5 returns from Camp Schmidt (after lunch)  "La Soirée des étoiles" (Talent Show) Auditions 4:15-6:30 pm	Mme. Durand's class to Owens Sc. Ctr. 11:30 am-1:30 pm (Bus leaves at 11:00 am)	Dr. Mills's class to Owens Sc. Ctr. 11:30 am-1:30 pm (Bus leaves at 11:00 am)
26	27	28		
Mr. Nguena's class to Owens Sc. Ctr. 11:30 am-1:30 pm (Bus leaves at 11:00 am)		"La Soirée des étoiles" (Talent Show) rehearsals ACT I: 4:30 - 6:15 pm ACT II: 6:45 - 8:00 pm		

COMING SOON

CLASS Pictures
Tuesday, February 20, 2018



PICTURE DAY

NOTE!
Grade 5 classes' pictures will be at 9:20 am SHARP!
(Before the students leave for Camp Schmidt)



AUDITIONS



For
"La Soirée des étoiles"
(Talent Show)

Wednesday, February 21st
and
Thursday, February 22nd
4:15 pm - 6:30 pm




save the date

The show will be on Friday
March 9, 2018 @ 7:00 pm

5th Grade Classes' trip to Camp Schmidt

Tuesday, February 20 & Wednesday, February 21, 2018

Teacher in charge
elvis.kometa@pgcps.org



FEBRUARY 2018 TESTING			
Dates	Name of assessment	Subject area	Grade to be tested
1/2-2/23 (Window)	SLO Posttest Window	All	K-8
1/9-2/23 (Window)	Access for ELLs	English	ESOL students
2/12-3/2 (Window)	MI: Scholastic Math Inventory Online	Math	2 -8